



Assessment Reference Sheet

Grade 7

1 inch = 2.54 centimeters 1 kilometer = 0.62 mile 1 cup = 8 fluid ounces
1 meter = 39.37 inches 1 pound = 16 ounces 1 pint = 2 cups
1 mile = 5280 feet 1 pound = 0.454 kilograms 1 quart = 2 pints
1 mile = 1760 yards 1 kilogram = 2.2 pounds 1 gallon = 4 quarts
1 mile = 1.609 kilometers 1 ton = 2000 pounds 1 gallon = 3.785 liters
1 liter = 0.264 gallons
1 liter = 1000 cubic centimeters

Triangle	$A = \frac{1}{2}bh$
Parallelogram	$A = bh$
Circle	$A = \pi r^2$
Circle	$C = \pi d$ or $C = 2\pi r$
General Prisms	$V = Bh$